



TALLULAH FALLS SCHOOL

2024 High School Track & Field



WWW.LAHFALLS.ORG UPDATED 5.12.24

DAY	DATE	TIME	OPPONENT	OUT TIME	LEAVE TFS	APX RETURN
Practice Starts Monday, Jan 8						
Sat	Jan 27	12:30-9:00	Birmingham Last Chance #3 Invite Indoor Meet Birmingham AL @ The CrossPlex 2331 Bessemer Rd 35208 https://docs.google.com/document/d/1dqAp0lwL220tUYty30LRJi88UhpBvYFNivUx4mB8/edit		Sat 8:15 AM	Sun 11:15 AM
Mon	Feb 5	3-6:30 Big Peach Running SHOE DAY & T&F Parent mtg 5:45-6:30 @ Natatorium				
Tue	Feb 13	4-7:15	Annual Green/White Intrasquad Scrimmage (Track) and Family Fun Flapjack Supper (Natatorium)			
Friday noon February 16-25 Spring Break						
Sat	Mar 2	9:00	Jerry Arnold Challenge Mill Creek HS, 4400 Braselton Hwy, Hoschton, GA 30548 https://ga.milesplit.com/meets/557732-2024-jerry-arnold-challenge-2024#.ZJi0S3bMJPZ		7:00	7:30
Tue	Mar 5	4:00	Commerce HS/MS Tri Meet - CANCELED RAIN @ the MS 7690 Jefferson Rd, Commerce https://ga.milesplit.com/meets/548529-commerce-hs-home-meet-1-2024	1:40	2:00	9:30
Sat	Mar 9	9:30	Eagle Invite @ East Jackson HS 1435 Hoods Mill Rd, Commerce, GA 30529 https://ga.milesplit.com/meets/539749-east-jackson-eagle-invitational-2024		7:30am	7:30
Tue	Mar 12	4:00	Commerce HS/MS Tri Meet @ the MS 7690 Jefferson Rd, Commerce https://ga.milesplit.com/meets/548529-commerce-hs-home-meet-1-2024	1:40	2:00	9:30
Sat	Mar 16	9:00	GAC Invite @ Greater Atlanta Christian School 1575 Indian Trail Lilburn Rd NW, Norcross, GA 30093 https://ga.milesplit.com/meets/508516-gac-invitational-2023#.Y40w0f3MKpo		6:45 am	6:45
Tue	Mar 19	4:00	Habersham Central HS/MS Tri w/ White Co https://ga.milesplit.com/meets/487067-battle-of-the-blue-ridge-2023#.Y40w0f3MKpo	2:15	2:30	10:15
Sat	Mar 23	FE 8:45 Run 12:00	Dawg Dash at George Walton Academy 1 Bulldog Dr, Monroe, GA 30655 https://ga.milesplit.com/meets/558321-7th-annual-dawg-dash-2024		6:15am	6:30
Tue	Mar 26	4:00	Rabun County Tri https://ga.milesplit.com/meets/561819-rabun-county-home-meet-3-2024	2:30	2:45	8:45
Thur	Mar 28	4:00	East Jackson Invite- first day of Spring Break 1435 Hoods Mill Rd, Commerce, GA 30529 https://ga.milesplit.com/meets/548528-east-jackson-home-meet-2024#.ZJiZuHbMJPY	Lunch @ TFS	2:00	10:45

			Thur March 28 noon – Sun Apr 7 Spring Break			
Thur	Apr 11	4:00	Providence Christian Academy 575 Lawrenceville Hwy, Lilburn, GA 30047 https://ga.milesplit.com/meets/570510-providence-home-meet-2024/teams	1:15	1:30	10:45
Wed	Apr 17	4:00	Stephens Co Senior Night Quad https://ga.milesplit.com/meets/571065-stephens-county-senior-night-2024 323 Indian Trail, Toccoa, GA <i>unlimited entries</i>	2:15	2:30	9:00
Mon/Wed	Apr 22, 24	11:00 3:15	Region 8-A D1 Championship @ Rabun County HS Thur/Fri weather make up days	M 9:00 W 1:40	M 9:15 W 2:00	M 8:15 W 8:00
Sat	May 4	10:00	A-D1 Section B Meet @ Whitfield Academy 1 Whitefield Dr SE, Mableton, GA 30126 https://www.ghsa.net/2024-ghsa-track-and-field-sectional-meet-schedule		7:00AM	
Thur-Sat	May 9-11	TBD	State A & 6A Championships Barron Stadium, 2803, 300 W 3rd St, Rome, GA 30165		TBD	TBD
Tue	May 14	5:30	EOS Banquet & Sr. Night – Natatorium			

COACHES	EMAIL	PHONE
Scott Neal, Head Coach, Athletic Director	scott.neal@tallulahfalls.org	706-968-9879 cell
Assistant Coaches Ty Cox, Reid Kafsky, Calvin Maclin		