



### ABOUT TFS ATHLETICS

The mission of TFS athletics is to develop GREAT character, competence, and competitiveness, to host GREAT events, and to create a Season of Significance. TFS participates in the Georgia High School Sports Association (GHSA), and offers 14 different competitive sports: baseball, basketball (boys & girls), bass fishing, cheerleading, cross country (boys & girls), eSports, golf (boys & girls), precision rifle, soccer (boys & girls), softball, swimming, tennis (boys & girls), track & field (boys & girls), and volleyball. TFS has varsity, junior varsity, and middle school teams that play most of these sports. Many home games are broadcast live and available to watch on the [NFHS Network](#).

### HEAD COACH

**Scott Neal – Varsity & Middle School**  
[scott.neal@tallahulahfalls.org](mailto:scott.neal@tallahulahfalls.org)

Neal has 40 years of coaching experience at various levels in cross country and track & field. He is a USATF Level I instructor, and a member of numerous coaches associations. Neal is also the TFS Athletic Director.



# CROSS COUNTRY TRACK & FIELD

— TALLULAH FALLS SCHOOL —

### ACCOMPLISHMENTS

The boys and girls cross country teams have success going back decades. The boys won an area title and three times placed in the top 10 at state. Individual Evan Prince recently won region titles in '20 & '21.

The track and field programs have also had success, with several events winning a state championship, including the 2023 4x400 girls relay team. The boys finished 3<sup>rd</sup> at state in 2021.

### COLLEGE-BOUND ATHLETES

The cross country program and track & field program trains student-athletes to be able to compete at the college level. To date, 18 athletes have gone to compete collegiately in cross country and/or track and field.

### FACILITIES & TRAINING OPPORTUNITIES

The cross country team runs home meets on its home course at Tallulah Falls School. The course is located on the middle school side of campus, and is a full 5K course. The track and field program has a practice facility on the Upper School campus at Amick Field, which includes an 8-lane straightaway track, multi-lane jumps pit, six shot put rings, a discus cage, four discus circles, and a newly-renovated field house. The season runs from August-November for cross country, and January-May for track and field. Athletes have access to multiple weight rooms/fitness centers at TFS, and have access to the course and practice facilities during the off-season.

