



# TALLULAH FALLS SCHOOL

## 2024 MIDDLE SCHOOL CROSS COUNTRY



**WWW.TALLULAHFALLS.ORG**      **UPDATED 8.14.2024**

Home meets are at the Upper Farm Course across from the Middle School Campus · 295 Scenic Loop Road, Tallulah Falls, GA 30573  
 3k course map link [https://www.tallulahfalls.org/skins/userfiles/files/MS%20XC%203K%20Course%20Map\(1\).pdf](https://www.tallulahfalls.org/skins/userfiles/files/MS%20XC%203K%20Course%20Map(1).pdf)

| DAY  | DATE  | TIME                   | OPONENT   | OUT TIME                  | LEAVE TFS | APX RETURN         |
|------|-------|------------------------|---|---------------------------|-----------|--------------------|
| TUE  | 8/13  |                        | Big Peach Running Company Mobile Shoe Night 3:00–6:30 at TFS Natatorium<br>Parent Meeting 5:45–6:30 Natatorium  |                           |           |                    |
| SAT  | 8/17  | 11:40 G<br>12:10 B     | <b>NE GA Championships 3k</b><br>@ Athens Christian 1270 Highway 29 N, Athens, GA 30601   |                           | 9:15      | 2:45               |
| THUR | 8/22  | 3:00                   | <b>Annual Quadrathlon</b> (kayak, swim, bike, run)<br>Tallulah Falls beach- NOTE: \$5 parking 5:00 Pancake Supper   | 2:30                      | 2:40      |                    |
| THUR | 8/29  | 4:00 MS G<br>4:25 MS B | <b>TFS Heroes Invitational</b><br>TFS Farm Course 3K  | 2:45                      |           |                    |
| TUE  | 9/3   | 4:00 MS G<br>4:20 MS B | <b>Cookies 'n Quotes XC Festival 3k - Tri State #1</b><br>TFS Farm Course 3k  | 2:45                      |           |                    |
| TUE  | 9/10  | 4:30                   | <b>Tri State #2 @ Rabun Gap</b><br>339 Nacoochee Dr, Rabun Gap, GA 30568  | 2:45                      | 3:00      | 6:00               |
| SAT  | 9/14  | 8:30 G<br>9:00 B       | <b>North Ga Invite</b><br>U of N GA Campus XC Course 3820 Mundy Mill Road, Oakwood, Ga<br><a href="https://www.lumpkinxc.com/north-georgia-xc-invitational">https://www.lumpkinxc.com/north-georgia-xc-invitational</a>   |                           | 6:45      | 10:45              |
| TUE  | 9/17  | 4:30                   | <b>Tri State #3 @ Summit Charter</b><br>370 Mitten Lane, Cashiers, NC 28717   | 2:05                      | 2:15      | 7:00               |
| TUE  | 9/24  | 4:30                   | <b>Tri State #4 @ Towns County</b><br>GA Mountains Fairgrounds GPS: 1311 Music Hall Rd.   | 2:20                      | 2:30      | 7:30               |
| TUE  | 10/1  | 3:00 B<br>3:30 G       | <b>Mountain Invite</b><br>Unicoi State Park, Helen GA   | 12:50                     | 1:00      | 5:30<br>Not eating |
| THUR | 10/3  | 4:30<br>combined       | <b>Tri State Championship @ Tallulah Falls</b>  |                           |           |                    |
| SAT  | 10/5  | TBD                    | <b>GIAA EOS Invite</b><br>Middle Georgia State University, 3450 Fulton Mill Road, Macon, GA 31206   |                           |           |                    |
| SAT  | 10/12 | See link               | <b>GA MS State Championships – Optional</b><br><b>Bleckley County Elementary School Hwy 26, Cochran GA</b><br><a href="https://ga.milesplit.com/meets/579059-georgia-middle-school-state-cross-country-championships-2024">https://ga.milesplit.com/meets/579059-georgia-middle-school-state-cross-country-championships-2024</a> | This is during Fall Break |           |                    |

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