



TALLULAH FALLS SCHOOL

2024 MIDDLE SCHOOL CROSS COUNTRY

WWW.TALLULAHFALLS.ORG UPDATED 6.25.2024

Home meets are at the Upper Farm Course across from the Middle School Campus · 295 Scenic Loop Road, Tallulah Falls, GA 30573
3k course map link [https://www.tallulahfalls.org/skins/userfiles/files/MS%20XC%203K%20Course%20Map\(1\).pdf](https://www.tallulahfalls.org/skins/userfiles/files/MS%20XC%203K%20Course%20Map(1).pdf)

DAY	DATE	TIME	OPPONENT	OUT TIME	LEAVE TFS	APX RETURN
Tue	8/13		Big Peach Running Company Mobile Shoe Night 3:00–6:30 at TFS Natatorium Parent Meeting 5:45–6:30 Natatorium			
Sat	8/17	11:40 G 12:10 B	NE GA Championships 3k @ Athens Christian 1270 Highway 29 N, Athens, GA 30601		9:15	2:45
THUR	8/22	3:15	Annual Quadrathlon (kayak, swim, bike, run) Tallulah Falls beach- NOTE: \$5 parking 5:00 Pancake Supper	2:30	2:40	
Thur	8/29	4:00 MS G 4:25 MS B	TFS Heroes Invitational TFS Farm Course 3K	2:45		
TUE	9/3	4:00 MS G 4:20 MS B	Cookies 'n Quotes XC Festival 3k TFS Farm Course 3k	2:45		
TUE	9/10	4:30	Tri State #2 @ Highlands 545 Pierson Dr, Highlands, NC 28741	2:25	2:35	6:45
Sat	9/14	8:30 G 9:00 B	North Ga Invite U of N GA Campus XC Course 3820 Mundy Mill Road, Oakwood, Ga https://www.lumpkinxc.com/north-georgia-xc-invitational		6:45	10:45
TUE	9/17	4:30	Tri State Championship @ Summit Charter 370 Mitten Lane, Cashiers, NC 28717	2:05	2:15	7:00
TUE	9/24	4:15	Tri State #3 @ Towns County GA Mountains Fairgrounds GPS: 1311 Music Hall Rd.	2:20	2:30	7:30
TUE	10/1	3:00 B 3:30 G	Mountain Invite Unicoi State Park, Helen GA	12:50	1:00	5:30 Not eating
THUR	10/3	4:30 combined	Tri State Championship @ Tallulah Falls			
Sat	10/12	See link	GA MS State Championships - Optional Bleckley County Elemetary School Hwy 26, Cochran GA https://ga.milesplit.com/meets/579059-georgia-middle-school-state-cross-country-championships-2024	This is during Fall Break		

Coaches Cole Hansen cole.hansen@tallulahfalls.org , Susan Nichols susan.nichols@tallulahfalls.org	
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