

College Athletic Eligibility

- ❑ Not all levels of college athletics offer athletic scholarship

- ❑ NCAA D1 - Up to full scholarship

- ❑ NCAA D2 & NAIA - Partial scholarship possible

- ❑ Possible full scholarship, but rare

- ❑ NJCAA - Scholarship available at varying levels

- ❑ NCAA D3 - Non-scholarship

- ❑ Club - Non-scholarship; typically pay-to-play





The Right Fit and Scholarship Money??

Good enough?

Competing in college may be helpful for other ways to have money available.

Colleges

- ❑ Colleges DO want to find great fits for their program
- ❑ Colleges are NOT begging to give student-athletes money
- ❑ Colleges will assist your student-athlete with finding additional funds in an effort to get them on campus
 - ❑ They aren't experts. Experienced coaches and on-campus alumni can help
- ❑ Colleges need the school's and student's assistance with collecting data and interest
- ❑ Colleges want to help when and where possible

Student-Athlete & Parental Roles

- ❑ Identify a list of schools based on overall fit
- ❑ Fill out interest forms/recruit questionnaires on line
- ❑ Communicate with the Head Coach, not against
- ❑ Attend practices and games when possible
- ❑ Look at other recruits
- ❑ Review personal social media accounts (coaches will look)
- ❑ Player Packets
 - Contains Transcript with GPA
 - All Standardized Test Scores
 - Athletic Records

Timeline & Basics for Recruitment Process



Freshman and Sophomore Year

- ❑ Stay focused academically. NCAA eligibility standards keep getting tougher. The grades you earn now will determine admission to college, initial NCAA eligibility, and your future success. All four years of your high school grades count.
- ❑ Attend camps and stay engaged in athletics and/or physical activities outside of the season of your primary sport. Coaches and admissions counselors look for well-rounded student-athletes. Find summer sports camps/clinics located in areas that might be of interest to you when selecting a college.
- ❑ Keep track of your personal stats for all teams and any athletic honors you receive. • Let your coach know you want to play sports in college.
- ❑ Start researching colleges. Consider what each level of college athletics entails (Division I, II, and III, NAIA, NJCAA). Begin thinking about academics — what are your career goals, and what types of things might you study to achieve them? Talk to your parents, guidance counselors, teachers, coaches, siblings, and older teammates to get information.

Timeline & Basics for Recruitment Process



Sophomore year

- ❑ Request academic and admissions information from college admissions offices. NCAA programs cannot provide athletic recruiting information other than a questionnaire and camp information until September 1 of your junior year in high school.
- ❑ At the middle to the end of your sophomore year, and the summer following your sophomore year, take as many **UNOFFICIAL VISITS** as possible to get a feeling for campuses, programs, coaches, players, locations, size of the school, etc. •
- ❑ When going on unofficial visits – call the coach ahead of time to set up an opportunity to introduce yourself and express your interest in their school. DO NOT just show up at a college coach's office unannounced
- ❑ Video tape your sophomore year games and your early summer (following sophomore year), camps, and tournaments. If possible, send a highlight tape and a letter of introduction to the colleges you are interested in by the end of that summer.



Timeline & Basics for Recruitment Process

Junior Year

EARLY FALL

- ❑ Start a detailed sports resume/personal profile. Make sure to proofread for any mistakes.
- ❑ Compile a list of college choices. Try not to have more than 10 schools on this list....more than that is overwhelming.
- ❑ Send a second letter to coaches – including sports resume/personal profile, list of summer tournaments and camps and upcoming schedules. Make sure you verify the coach's name and address before you send it
- ❑ Return immediately any questionnaires you receive from coaches.
- ❑ E-mail is the best way to correspond with college coaches.
- ❑ Let coaches of schools you are NOT interested in know asap. Thank them for their interest, and let them know you are concentrating on other schools at this time.
- ❑ Talk to your high school guidance counselor about the NCAA Eligibility Center.
- ❑ REMEMBER – you must be invited by the college coach to attend their Junior Day – it is not something you invite yourself to.

MID-YEAR

- ❑ Organize and file all correspondence.
- ❑ Send email or letter updates to the schools you are interested in regarding classes taken, grades, upcoming events and activities of athletic interest, etc.

END OF JUNIOR YEAR

- ❑ Continue to work hard in school. Keep your grades up
- ❑ Send another letter with updated academic (unofficial transcript with PSAT or SAT scores,) and related sports information. Include updated schedule of summer sports participation.

Timeline & Basics for Recruitment Process

Junior Year

EARLY SUMMER Post Junior Year

- ❑ Review letters received from coaches. Check to make sure you have responded to all schools that have written to you.
- ❑ Look over your college list. Begin to narrow it down to 4-5 schools (if you haven't already). Do you want to add to that list? If so, send introductory letter now.
- ❑ Some factors to consider when narrowing your list: Academic profile, level of competition, type of school, distance from home, and cost of attendance. Be realistic when focusing your list — include “sure things,” “reaches,” and a “long shot” on your list.
- ❑ Contact the coaches at the top five schools you are considering — let them know they are one of your top choices.
- ❑ Participate in your sport and maximize your exposure. Attend camps where you have the best possibility to increase your skills and to be seen by those coaches from colleges in which you are interested.
- ❑ Send a letter including summer camp dates, team schedule, and possible plans to visit the college if you have not done so already.

Timeline & Basics for Recruitment Process



Junior Year

EARLY SUMMER Post Junior Year

- ❑ Have copies of your transcript, SAT/ACT scores, and senior class schedule available to send to coaches, particularly those you intend to visit.
- ❑ Tentatively plan “unofficial visits” to your top schools during the late spring and summer.
- ❑ Be proactive — if you are very interested in a particular school, make sure they know it.

LATE SUMMER

- ❑ Student-Athlete should call coach to talk about college visits.
- ❑ If necessary – send updated highlight video from junior year and recent summer camps and competitions.
- ❑ Fulfill NCAA Eligibility Center requirements. **KNOW THE RULES.**
- ❑ Start requesting college applications.

Timeline & Basics for Recruitment Process

Senior Year EARLY-LATE FALL

- ❑ Review your college list. Focus on those schools that seriously interest you.
- ❑ Send another letter that includes updated information, your team's schedule, and possible plans for campus visits.
- ❑ Study and consider information about Early Decision or Early Action admission to college and Early Signing for a scholarship.
- ❑ Have your school coach write a letter of recommendation and send it to the coaches.
- ❑ While you are waiting for feedback on your video and/or letters, retake your SAT's and ACT's if necessary for a better score.
- ❑ Decide when to apply to college(s), and when to commit to a school and/or sign with a school for a scholarship.
- ❑ Schedule College visits including an interview with the coach.
- ❑ Keep in contact with coaches that have expressed an interest in you. Arrange an overnight campus visit so you can stay with a team member and become more familiar with their program.
- ❑ Keep studying. All colleges want transcripts of first semester grades.
- ❑ Apply to schools.
- ❑ Tell coaches you have submitted an application to their school.

FINALLY

- ❑ When you have made a choice, write all coaches you have been working with, thank them, and inform them of your decision.



Lake Boyer

The Walker School
Marietta, GA
Class of 2019



The
Walker
School

#8 LSM/D Height: 5'11" Weight: 155
Unweighted GPA: 3.68 (8 H/AP Courses) SAT: 1540 ACT: 33 AI: 224
Anticipated Major: Biology/Natural Science (Pre-Med Track)

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VARSITY CAREER STATISTICS

Year	Games Played	Goals	Assists	Ground Balls	Interceptions	Takeaways
2016 (Freshman)	2	0	0	3	0	1
2017 (Sophomore)	16	4	0	65	4	17
2018 (Junior)	14	6	4	68	2	24
Career Totals	32	10	4	136	6	42

Lacrosse Honors: 2017 & 2018 GHSA 1A-5A DiVarsity All-Star, 2017 GHSA Junior All-Star, 2018 Defensive Player of the Year, 2017 Player of the Year, 3x Player of the Game. Lake has been an integral part of a team that has set back-to-back win records for the program. 3 Sport Athlete.

Head Boys Lacrosse Coach: Dave Harding

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Adapted from Dave Harding presentation

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