

# PROGRAM HISTORY & RECORDS

2011-PRESENT

## SWIMMING



### SEASON-BY-SEASON

SEASON	HEAD COACH	BOYS STATE	GIRLS STATE
2021-22	RACHEL NICHOLS	15 <sup>TH</sup>	8 <sup>TH</sup>
2020-21	RACHEL NICHOLS	39 <sup>TH</sup>	33 <sup>RD</sup>
2019-20	RACHEL NICHOLS	7 <sup>TH</sup>	-
2018-19	ANNETTE COCHRAN	22 <sup>ND</sup>	24 <sup>TH</sup>
2017-18	ANNETTE COCHRAN	N/A (4 EVENTS)	N/A (4 EVENTS)
2016-17	ANNETTE COCHRAN	41 <sup>ST</sup>	45 <sup>TH</sup>
2015-16	ANNETTE COCHRAN	39 <sup>TH</sup>	N/A (1 EVENT)
2014-15	JOHN FEDE	N/A (1 EVENT)	50 <sup>TH</sup>
2013-14	STEPHANIE WITHAM	41 <sup>ST</sup>	N/A (1 EVENT)
2012-13	JOHN FEDE	-	N/A (1 EVENT)
2011-12	CAROL YANDELL		N/A (1 EVENT)

### COACHES

RACHEL NICHOLS (2019-PRESENT)

ANNETTE COCHRAN (2015-19)

JOHN FEDE (2012-13; 2014-15)

STEPHANIE WITHAM (2013-14)

CAROL YANDELL (2011-12)

### BOYS STATE TOP-16 FINISHES

7<sup>TH</sup> – 2019-20

15<sup>TH</sup> – 2021-22

### GIRLS STATE TOP-16 FINISHES

8<sup>TH</sup> – 2021-22

## **BOYS SCHOOL RECORDS**

**50 FREE - 21.51 - JOHN NICHOLS (2020)**  
**100 FLY - 52.79 - JOHN NICHOLS (2020)**  
**100 FREE - 46.84 - JOHN NICHOLS (2020)**  
**100 BACK - 55.64 - NICK STELMACK (2017)**  
**100 BREAST - 1:00.79 - HUNTER WEYRICH (2020)**  
**200 FREE - 1:48.35 - EMRE SUNGUR (2022)**  
**200 IM - 1:59.60 - EMRE SUNGUR (2022)**  
**500 FREE - 5:07.08 - HUNTER WEYRICH (2019)**  
**200 MEDLEY RELAY - 1:39.61 (N STELMACK, HUNTER WEYRICH, JOHN NICHOLS, R BARRON) (2018)**  
**200 FREE RELAY - 1:34.72 (JOHN LUKE GALLAGHER, SAVVA IVAKIN, N STELMACK, A BHAGWHAT) (2016)**  
**400 FREE RELAY - 3:31.20 (JOHN NICHOLS, CADYN GRIFFIS, R BARRON, HUNTER WEYRICH) (2020)**

## **GIRLS SCHOOL RECORDS**

**50 FREE - 25.44 - REID KAFSKY (2018)**  
**100 FLY - 58.53 - MADISON DAMPIER (2022)**  
**100 FREE - 55.14 - MADISON DAMPIER (2021)**  
**100 BACK - 1:01.72 - MADISON DAMPIER (2021)**  
**100 BREAST - 1:12.29 - MONTGOMERY DAMPIER (2021)**  
**200 FREE - 1:58.98 - MADISON DAMPIER (2021)**  
**200 IM - 2:14.12 - MADISON DAMPIER (2021)**  
**500 FREE - 5:10.25 - MONTGOMERY DAMPIER (2022)**  
**200 MEDLEY RELAY - 2:00.49 (MONTGOMERY DAMPIER, TAMIA MOSS, MADISON DAMPIER, EMILY WOLFE) (2022)**  
**200 FREE RELAY - 1:44.92 (VIRGINIA GRISWOLD, NORAH GRISWOLD, MAGGIE JACKSON, REID KAFSKY) (2018)**  
**400 FREE RELAY - 3:49.58 (MONTGOMERY DAMPIER, KARIS TATUM, DAYA SSEMAKULA, MADISON DAMPIER) (2022)**

## **BOYS INDIVIDUAL TOP-10 FINISHES AT STATE MEET**

- **EMRE SUNGUR - 3<sup>RD</sup> - 500 FREE - 2021-22**
- **EMRE SUNGUR - 4<sup>TH</sup> - 200 IM - 2021-22**
- **JOHN NICHOLS - 4<sup>TH</sup> - 50 FREE - 2019-20**
- **BOYS 400 FREE RELAY - 5<sup>TH</sup> - 2019-20**
- **JOHN NICHOLS - 6<sup>TH</sup> - 100 FLY - 2019-20**
- **BOYS 200 MEDLEY RELAY - 6<sup>TH</sup> - 2019-20**
- **BOYS 200 MEDLEY RELAY - 6<sup>TH</sup> - 2018-19**
- **BOYS 400 FREE RELAY - 6<sup>TH</sup> - 2018-19**
- **HUNTER WEYRICH - 7<sup>TH</sup> - 200 IM - 2019-20**
- **BOYS 200 MEDLEY RELAY - 7<sup>TH</sup> - 2017-18**
- **BOYS 400 FREE RELAY - 7<sup>TH</sup> - 2017-18**
- **JOHN NICHOLS - 9<sup>TH</sup> - 50 FREE - 2018-19**
- **SAVVA IVAKIN - 10<sup>TH</sup> 50 FREE - 2015-16**

## **GIRLS INDIVIDUAL TOP-10 FINISHES AT STATE MEET**

- **MONTGOMERY DAMPIER - 2<sup>ND</sup> - 500 FREE - 2021-22**
- **ISABEAU KEENE - 3<sup>RD</sup> 1M DIVE - 2018-19**
- **MONTGOMERY DAMPIER - 4<sup>TH</sup> - 200 FREE - 2021-22**
- **MADISON DAMPIER - 4<sup>TH</sup> - 200 IM - 2021-22**
- **MADISON DAMPIER - 4<sup>TH</sup> - 100 FLY - 2021-22**
- **GIRLS 200 FREE RELAY - 5<sup>TH</sup> - 2017-18**
- **GIRLS 400 FREE RELAY - 6<sup>TH</sup> - 2021-22**
- **GIRLS 400 FREE RELAY - 7<sup>TH</sup> - 2018-19**
- **GIRLS 200 FREE RELAY - 7<sup>TH</sup> - 2018-19**
- **VIRGINIA GRISWOLD - 7<sup>TH</sup> - 100 FLY - 2017-18**
- **GIRLS 400 FREE RELAY - 8<sup>TH</sup> - 2017-18**
- **GIRLS 200 MEDLEY RELAY - 10<sup>TH</sup> - 2021-22**
- **VIRGINIA GRISWOLD - 10<sup>TH</sup> - 100 BACK - 2018-19**